

The

Knickerbikers

of

San Diego County

www.Knickerbikers.com



"One thing cycling taught me was that if you can achieve something without a struggle it's not going to be satisfying." ~ Greg LeMond – U.S. pro-road racer

THE BULL-A-TON

NOVEMBER 2010

Vol. 37 No 7

Remember how we asked you to call your SANDAG Board members and ask them to put 3% of the transportation dollars in bike and ped programs and projects?

SANDAG staff yesterday recommended they allocate \$2.6 BILLION for the bicycle and pedestrian program.

For those of you keeping score at home, that's 2.6% of the total \$100 billion transportation spending in the Regional Transportation Plan (RTP). It's quadruple what they allocated in the last RTP four years ago. It's \$65 million a year for bike/ped stuff over the next 40 years. It's a lot of money. It's good stuff!

But the work is not done just yet. The SANDAG board still has to vote to support the staff recommendation. So please, **before Friday November 5**, call your SANDAG Board representative and say thanks to SANDAG staff for listening to us, and ask that the board member support the proposed \$2.6 billion for bike/ped programs and projects.

Here's who you should call if you live, work, or play in each of the following cities. The first name on the list is the SANDAG Board representative from that city, and the ones with (A) beside them are alternates. Leave a message for one or for all if you can..

City of Carlsbad - 760 434 2820

Hon. Matt Hall, Councilmember, (A) Hon. Bud Lewis, Mayor, (A) Hon. Ann Kulchin, Mayor Pro Tem

City of Chula Vista - 619 691 5044

Hon. Cheryl Cox, Mayor, (A) Hon. Rudy Ramirez, Deputy Mayor, (A) Hon. Steve Castaneda, Councilmember

City of Coronado - 619 522 7320

Hon. Carrie Downey, Councilmember, (A) Hon. Al Ovrom, Mayor Pro Tem, (A) Hon. Michael Woiwode, Councilmember

City of Del Mar - 858 755 9313

Hon. Crystal Crawford, Councilmember, (A) Hon. Carl Hilliard, Councilmember, (A) Hon. Mark Filanc, Councilmember

City of El Cajon - 619 441 1788

Hon. Mark Lewis, Mayor, (A) Hon. Jillian Hanson-Cox Councilmember

City of Encinitas - 760 633 2600

Hon. Jerome Stocks, Councilmember, (A) Hon. Teresa Barth, Councilmember, (A) Hon. Dan Dalager, Mayor

City of Escondido - 760 839 4610

Hon. Lori Holt Pfeiler, Mayor, (A) Hon. Sam Abed, Councilmember

City of Imperial Beach - 619 423 8300

Hon. Jim Janney, Mayor, (A) Hon. Patricia McCoy, Mayor Pro Tem (A) Hon. Jim King, Councilmember

City of La Mesa - 619 463 6611

Hon. Art Madrid, Mayor, (A) Hon. Mark Arapostathis, Councilmember, (A) Hon. David Allan, Vice Mayor

City of Lemon Grove - 619 825 3800

Hon. Mary Teresa Sessom, Mayor, (A) Hon. Jerry Jones, Mayor Pro Tem, (A) Hon. Jerry Selby, Councilmember

City of National City - 619 336 4241

Hon. Ron Morrison, Mayor, (A) Hon. Rosalie Zarate, Councilmember

City of Oceanside - 760 435 3065

Hon. Jim Wood, Mayor, (A) Hon. Esther Sanchez, Councilmember , (A) Hon. Charles "Chuck" Lowery, Councilmember

City of Poway - 858 668 4530

Hon. Don Higginson, Mayor, (A) Hon. Jim Cunningham, Councilmember, (A) Hon. Carl Kruse, Deputy Mayor

City of San Diego - 619 236 6330

Hon. Jerry Sanders, Mayor, (A) Hon. Anthony Young, Councilmember, (A) Hon. Sherri Lightner, Councilmember,

Hon. Ben Hueso, Council President 619.236.6688, (A) Hon. Marti Emerald, Councilmember, (A) Hon. Todd Gloria, Councilmember

City of San Marcos - 760 744 1050

Hon. Jim Desmond, Mayor, (A) Hon. Hal Martin, Vice Mayor, (A) Hon. Rebecca Jones, Councilmember

City of Santee - 619 258 4100 x114

Hon. Jack Dale, Councilmember, (A) Hon. Hal Ryan, Councilmember, (A) Hon. John Minto, Councilmember

City of Solana Beach - 858 720 2490

Hon. Lesa Heebner, Deputy Mayor, (A) Hon. Dave Roberts, Councilmember, (A) Hon. Mike Nichols, Councilmember

City of Vista - 760 639 6130

Hon. Judy Ritter, Mayor Pro Tem, (A) Hon. Bob Campbell, Councilmember, (A) Hon. Steve Gronke, Councilmember

County of San Diego - 619.531.5533

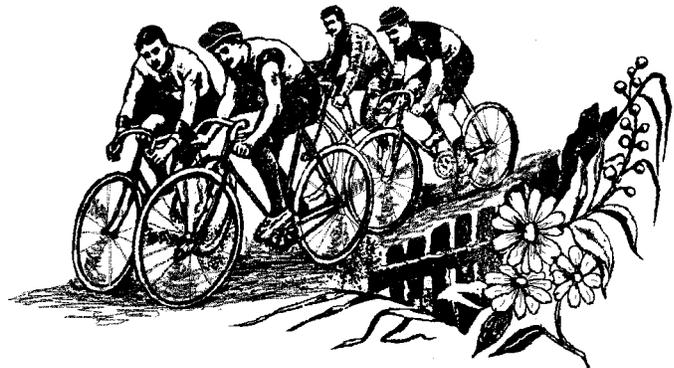
Hon. Pam Slater-Price, Chairwoman, (A) Hon. Greg Cox, Supervisor, (A) Hon. Ron Roberts, Chair Pro Tem

Hon. Bill Horn, Vice Chairman 619.531.5555 (A) Hon. Dianne Jacob, Supervisor

Rick Anderson, a long time member of the Knickerbikers, lost his 3 year battle with ALS. Rick passed quietly October 1 2010. Rick had one wish when he was diagnosed with ALS: to see and hold his first grandchild. His granddaughter, Isla Anderson was born March 3 2010. And Rick's wish was realized. Rick is survived by his wife Charlotte, mother Lois, son Kevin, and his wife Jessica and, of course, Isla. Rick also has a brother. Charlotte said Rick didn't complain once the whole time he battled ALS. The help and support Rick and his family received from both the ALS Society of San Diego and Hospice was invaluable to Rick and his family through out this ordeal, according to Charlotte.



Outings:



NOVEMBER							2010
SUN	MON	TUE	WED	THU	FRI	SAT	
			1	2	3	4	
5	6	7	8	9	10	11	
12	13	14	15	16	17	18	
19	20	21	22	23	24	25	
26	27	28	29	30			

Want to cycle more?

You'll find a group of Knickerbikers ready to ride every **Wednesday morning at 9:00 AM at Mission Bay**. The meeting spot for the **WEDNESDAY LITE RIDE** is Mission Bay Visitor's Center in the North parking lot (E. Mission Bay Drive & Clairemont Drive). The ride is usually about 25 miles at an easy pace. First stop is usually a coffee stop in Ocean Beach. That gives us an opportunity to decide the ride route and lunch spot!

To get to Mission Bay Visitor's Center, take I- 5 to exit Clairemont Drive. West to Mission Bay Visitor's Center, right on East Mission Bay Drive, immediate left into parking lot, another left. Left towards Mission Bay Visitor's Center.

Bill and Jim welcome riders to join their **SATURDAY LITE RIDE** which leaves every **Saturday at 8:45 AM** from the **Old Town Trolley station parking lot**. The Old Town Trolley is located at 4005 Taylor Street. The ride is usually about 25 miles at an easy pace. First stop is a coffee stop in Ocean Beach where Bill and Jim decide where to ride and enjoy lunch!

KNICKERBIKERS of SAN DIEGO COUNTY

EXCURSION RATING KEY

- **** SIGHTSEERS - Leisurely riding. Destination and scenic oriented. Frequent stops. No extreme grades. 8 - 12 mph
- *** TOURISTS - Moderate to brisk pace. Scenic roads including hills. Stops every hour. No one gets dropped. 12 mph
- ** SPORTS RIDERS - Vigorous, peppy pace. Possible steep grades. Good workout. Stops every hour or two. 15 -17 mph
- * MASTER RIDERS (Animals) - Anything goes. Possible pace lines. Slower riders dropped. Ready for competition. ? mph

PROMPT DEPARTURES

Rides depart **15** minutes past scheduled assembly time. Please be ready and waiting for departure.
Greet your ride leader!

**Need ride details or additional information?
Call Ken: 858 450 0373 or Sharon: 619 787 7427**

TUE NOV 02 6:00 PM WALK **** KNICKERBIKER KNIGHTRIDERS
 6:30 PM DINNER Chevy's Fresh Mex (619 297 5667)
 1202 Camino Del Rio North, Mission Valley

Sharon and Eric - Let's get in a brisk walk before dinner. We'll meet at 6:00 PM and leave at 6:05 PM for a brisk neighborhood walk. We'll then join the non-walkers at Chevy's at 6:45 PM for a tasty dinner. Chevy's makes a big deal out of the "fresh" in its name, and with good reason - no cans in the restaurant, fresh salsa blended every hour, fresh avocados smashed every day for guacamole, and watch-them-made tortillas. All oils are trans fat - free, and the Mexican-style fare has lots of healthy options including Grilled Fish Tacos.



SAT NOV 06 9:00 AM 40 MILES *** PEPPERING THE ROADS
 Pepper Park, National City

Jeff - To meet your ride leader and the rest of the gang, take I-5 to Bay Marina Parkway. Head west to Tidelands and left to Pepper Park. Jeff will lead us around Eastlake and the surrounding area.

SAT NOV 06 BIKE THE COAST – TASTE THE COAST

Bike the Coast – Taste the Coast is a choice of 7, 15, 25 or 50-mile bicycle ride starting and finishing with food, fun and music at the Oceanside Pier on Saturday, November 6. The cycling courses include the San Luis Rey Bike Trail and San Diego's North County beaches of Oceanside, Carlsbad, Encinitas, Solana Beach and Del Mar. Proceeds from the ride support the San Diego County Bicycle Coalition (<http://www.sdcbc.org>) - a 501(c)3 non-profit organization dedicated to making bicycling better in greater San Diego, and the Oceanside Park and Recreation Foundation (OPARC). <http://biketothecoast.eventmediainc.com/>



Daylight Savings Time ends on November 7, 2010 at 2 AM. It is time to set your clocks **back one hour** and catch up on that sleep you have been missing or take advantage of the extra hour to get your bike ready for today's ride!

SUN NOV 07 9:30 AM 45 MILES **1/2 BARRET LAKE JUNCTION
 Bonita Mall, near Outback Steak House

Paul - Take 805 south to the "E" Street/Bonita Road exit. Turn left at the light (going east on Bonita Road.) Turn left on Plaza Bonita Road and Outback Steak House will be on your right. Look for the group in the nearby parking lot. The ride has some hills but nothing steeper than Torrey Pines. The scenery is great. Lunch will be at Barrett Junction Café. Take a trip back in time to Old California when you visit Barrett Junction Cafe and Mercantile. This historic building was been a local hot spot for 100 years. People come from miles away for the Famous Family Style Fish Fry.

TUE NOV 09 6:30 PM 0 MILES **** KNICKERBIKER KNIGHTRIDERS
 The Bandar (619 238 0101)
 825 4th Ave (between E St & F St)

Rhonwyn - The Bandar is downtown in the Gaslamp across from Horton Plaza. Easy parking at Horton.. Terrific Persian cuisine Persian cuisine is exotic yet healthy. Persian cuisine is a combination of rice with filet mignon beef, lamb chicken, fish garlic, onion, vegetables, nuts, pomegranate and herbs. To achieve a delicious taste and a balanced diet, unique Persian spices such as saffron, limes and different vegetables are mixed delicately. Persian food fits perfectly with today's lighter eating style. From cultural point of view Persian food has always been considered to be an art providing enjoyment to both body and mind.

SAT NOV 13 9:00 AM 35 MILES *** ONE MOUNT & TWO LAKES RIDE
Vons (south east) parking lot
5630 Lake Murray Blvd, La Mesa

Guy and Carolaine - From I-8 take Lake Murray exit and continue for about a mile to Baltimore. The Vons parking lot will be on your right after turning left on Baltimore. We will ride to the top of Mt. Helix, go around Santee Lakes, go through the Mission Trails Regional Park, and go around Lake Murray before having lunch at the Lake Murray Café.

Guy and Carolaine sent such a nice email.. it has to be shared... This is perfect for us since it falls on our anniversary date and we could not think about a better thing to do than to ride with a nice group of Knickerbikers.

SUN NOV 14 LEAF PEEPERS (FALL COLORS)
unite at the Blue Jay Restaurant
9:30 AM ±25 MILES *** Ride #2 Majors coffee shop, Pine Valley
10:30 AM ±23 MILES *** Ride #1 Sunrise Hwy; Desert view picnic area just
north of the Laguna lodge

Dave - Ride #1: 10:30 AM. Start at the desert view picnic area just north of the Laguna lodge on the Sunrise Hwy. (S1) To get to the start, take I-8 east to Sunrise Hwy (S1). Go north towards Mt Laguna. Just past the Mt. Laguna Lodge and visitor center on the left, look for the Desert View Picnic area on the right or east side or desert side of the Sunrise Hwy. Do not forget to get your National Adventure Parking Pass! (You can buy one at the Mt. Laguna Lodge)

Ride #2: 9:30 AM. Meet your fellow riders behind Majors coffee shop in Pine Valley Ride. To get to the ride start, take I-8 east to Pine Valley exit, turn left under I-8, proceed to stop sign, turn right on Old Hwy. 80. Look for Majors Coffee Shop on the left just past Sheriffs substation fire station.

There once was a movie called Endless Summer, but that was Hollywood and summer did end. Last summer in San Diego was like the summer that never was, so let's go see if there are any fall colors in the mountains this fall! And get some fresh mountain air in your lungs and fresh oxygen in your blood! Be sure to visit the visitor center just north of the lodge and the Mt. Laguna Lodge (trinkets for sale, pictures of days long gone by of Mt. Laguna in the snow, mountains lions and old camping equipment etc., as well as ice cream bars, cabins and rooms for rent, etc.) After lunch at approximately noon at the Blue Jay Restaurant, we'll ride some more or take a hike to either, Big Laguna Lake or Little Laguna Lake. Or just find a quiet spot and relax!

Dave considers Ride #1 a rolling ride from Mt. Laguna, north (with views to the desert approximately 6,000 ft. below and at the turn-around point offers views of Lake Cuyamaca) to Hwy. 79 for a turn-around (Hwy. 79 is very narrow and after a ways has NO shoulder.)

Ride #2 starts in Pine Valley. We'll head east on Old Hwy. 80, turn left on the Sunrise Hwy. towards Mt Laguna. The ride features approximately 2,400 ft. of elevation gain. The Blue Jay is approximately 11 or 12 miles up the hill!

If 2 or more of you going out together, and one wants the hill and the other(s) don't, drop your riding partner off in Pine Valley for Ride #2 and drive up the hill for Ride #1. Or, better yet, get outa town Friday night or Saturday and camp out and meet your fellow riders at the start! Please check the weather forecast & dress for the weather. This is a mountain ride and the weather is, well... mountain weather!

P.S. Dave is looking for a ride co-leader to lead Ride #1 because he will be leading Ride #2.

**Need ride details or additional information?
Call Ken: 858 450 0373 or Sharon: 619 787 7427**

SUN NOV 14
through
SAT NOV 20

~200 MILES

REPRISE THE TUCSON TURNABOUT
Tucson, Arizona

Since so many people enjoyed the Tucson trip last year, let's do it again! Recall that we stay in one location and take day trips all week. No packing and unpacking, no need to ride if you don't feel like it, and no sag wagon to worry about. Are we getting too lazy? Yes, but it's our vacation, right? The hotel is the Best Western Royal Inn and Suites, which has a full hot complementary breakfast, and has been recently upgraded and refurbished. It's centrally located and convenient to several pubs and restaurants since the University of Arizona is nearby.

We arrive in Tucson on Sunday November 14th and ride on the 15th, 16th 17th, 18th, and 19th. We check out Saturday morning November 20th UNLESS we want to do the famous [Tour de Tucson](#), which is the 20th. If you do, then you can make your own reservations at the Best Western or another hotel of your choice and register for the ride. The price \$350, and includes six nights (two per room), a farewell dinner, and snacks for happy hour.

TUE NOV 16 6:30 PM 0 MILES **** KNICKERBIKER KNIGHTRIDERS
Pho Saigon Star (619 640 2985)
10450 Friars Road, Suite E

Judy and Al - From East County take Mission Gorge Road to Zion, turn right and then left into parking lot. If coming from the beach area, take Friars Road to Zion and turn left into parking lot. Go to www.phosaigonstar to view menu. Pho Saigon Star has very good Vietnamese food and the restaurant is nicely decorated in SE Asian theme.

THU NOV 18 7:00 PM 0 MILES **** KNICKERBIKER GAME NIGHT
Horowitz Hideout
Check your email for address & telephone number

Lois and Al - Time to exercise your mind! Lois' choice! Please bring a little snack to share. Please, please **RSVP!**

SAT NOV 20 9:00 AM 24 MILES *** LAKE MURRAY CLOCKWISE LOOP
Meet at Lake Murray Parking Area
End of Kiowa Dr., off Lake Murray Blvd. (I-8 exit #11)

Keith - We will leave from Kiowa Dr., cross I-8, follow the trolley route, and stop at Starbucks on College Avenue. Then we will go down the hill on Montezuma, spin through Mission Gorge, and stop at the Mission Trails visitor center, before continuing along Father Junipero Trail and back out to Mission Gorge. Then it will be up the long hill at Fanita Drive with a circle of Grossmont College at the top. We will eat at McCarter's Bar & Grill on Lake Murray Blvd. at mile 19 before taking Jackson Drive and Golfcrest back to the park. Then it will be one clock-wise loop around the Lake Murray park trail to our cars.

SUN NOV 21 9:00 AM 30 MILES ** UP WE GO!
26439 Highway 76, Lake Henshaw, Santa Ysabel

Paul - Meet with Paul and your fellow riders at Lake Henshaw. Paul will lead us up Palomar Mountain to enjoy lunch at Mother's Kitchen. If you want to cycle the area, but not ride up Palomar Mountain, you can do a loop from Santa Ysabel to Julian and back.

**Need ride details or additional information?
Call Ken: 858 450 0373 or Sharon: 619 787 7427**

TUE NOV 23 9:00 AM 0 MILES **** KNICKERBIKER KNIGHTRIDERS
Dinner at La China Restaurant
5910 Santo Road (858 576 9898)

Susan – To get to La China, take Highway 52 (beware of heavy traffic on Highway 52) to Santo Rd. Go south on Santo Road. La China will be on your right in the first mall. Or take Clairemont Mesa Blvd east to Santo Rd. Turn left on Santo Road. La China will be on the left.

La China is a great example of what a sit down American-style Chinese restaurant should be. Catering to mostly non-Chinese, they've got the American Chinese food standards: kung pao, sweet and sour, beef and broccoli, chow mein, etc. Have a seat, drink some tea, and watch life or traffic in Tierrasanta go by. (<http://www.yelp.com/biz/la-china-restaurant-san-diego>)

THU NOV 25 KNICKERBIKER THANKSGIVING PARTY
through Annual Borrego Campout
SUN NOV 28 (NOON) Tamarisk Grove Campground
Anza Borrego Park

Marge - We will be at our usual camping place "Tamarisk Grove" in the beautiful Anza Borrego Desert. The event starts at 2:00 PM, on Thanksgiving Day (Thursday) or whenever you can get out there. The campground has flush toilets and showers. We will have three nights of camping, three days of biking or hiking or just loafing. The meals will start Friday morning and will be provided through noon on Sunday. We usually have a Thanksgiving potluck on Thursday evening. The deadline to sign up is November 13, 2009. The cost for meals, snacks and campsite is \$55.00 per person. Please call Marge, if you have any questions. Mail checks to Marge Cooper, P.O. Box 145, Pine Valley, CA 91962.

SAT NOV 27 10:00 AM 25 MILES *** COASTER RIDE, SORRENTO to OCEANSIDE
Sorrento Valley Coaster Station

Rhonwyn - Take the Sorrento Valley exit from I-5, park at the Coaster Station. The first Coaster going north on Saturday leaves at 10:18am. Please arrive in time to purchase your ticket. We will ride the Coaster to Oceanside and bike south. Lunch will be at La Especial Norte in Leucadia.

SUN NOV 28 9:00 AM 30 MILES *** NOT TOO HARD. NOT TOO EASY!
Ralphs Shopping Center
1030 University Ave

Barbara - Meet us at the far end of the parking lot between the food court and Ralphs. We'll ride through and from Hillcrest, over the river and around Point Loma. A well-timed coffee stop is on the route. Lunch will be back in Hillcrest after we ride up an impressive hill. (Psst.. it might just be a very special day for Barb..)

TUE NOV 30 6:00 PM WALK **** KNICKERBIKER KNIGHTRIDERS
6:30 PM DINNER UTC Mall Crawl, then Food Court Feast
4545 La Jolla Village Drive
corner of La Jolla Village Drive & Genesee Avenue
between I-5 and I-805 Freeways

Sharon and Eric - We'll meet at 6:00 PM at the UTC Food Court near Rubio's and leave at 6:05 PM for a speedy Mall Crawl. We'll return by 6:45 PM for dinner at the UTC Food Court. Choose from Rubio's, Great Khan's Mongolian Festival, Panda Express, Saigon Noodles, Sizzling Eggrolls, Teriyaki House, Royal India Express, Kebab Café, and the newest addition, Noodles & Company. Decisions, decisions...



Wheely Good Recipes

EASY MISO GLAZED SALMON



1/4 cup brown sugar
2 tbs low sodium soy sauce
2 tbs hot water
2 tbs miso (soybean paste) (buy at Henry's/Yellow Mild)
4 6oz salmon filets

Line a shallow pan with foil.

Combine 4 ingredients, mix well, pour over salmon Baste twice during cooking.

Broil for 10 -12 minutes, or you can bake at 400°

When salmon flakes easily, it's done.

(from The Cheesecake Factory)

Submitted by *Sandra*

For those who wondered about the parade of cyclists they saw on Ruffin Road on our ride of October 16, Keith did an Internet search.

It was the second annual Ride for Semper Fi, which started on October 13 in Scottsdale and traveled 430 miles to Sea World in San Diego. They had 50 riders and raised \$250,000 for the Injured Marine Semper Fi Fund.

Keith



LAST CHANCE FOR A KNICKERBIKER JERSEY

About 60 lucky Knickerbikers have been enjoying their club jerseys for many months now, but we still have a few people who want one. It's taken some time to get to the minimum order of 15, and Ken now has checks and cash (either \$5 deposit or \$91 full price) from eleven people. They have been patient so far, but we still need five more deposits! Act now, and the ones who are waiting for their jerseys will be grateful.

Send the money to Ken King, 8590 Cliffridge Ave., La Jolla, CA 92037. The check won't be cashed until the order is placed.

By the way, a question came up recently about how long you have to be a member to wear one. Huh? There are no requirements; you don't even have to subscribe to the Bull-A-Ton to wear one. Remember that we have no rules and only two guiding principles: it's nice to be noticed; and it's fun to be a kid again..

Go to www.knickerbikers.com. Click on "Outings" and check out our new calendar!

Click on a ride or event and get a full description, including a Google map.

This calendar includes current and future rides and Knickerbiker events.

The calendar will also reflect updates or changes.

Thanks Doug!

Coming Events:



SAT DEC 11 6:00 PM 0 MILES ****

HOLIDAY POTLUCK!
Evening Creek complex

Check your email for address and additional details

Hold the date! This year, the annual Knickerbiker Holiday Party will be held in the Evening Creek complex. Singles, please bring one hot dish or one cold dish; couples, please bring one of each. Please bring your own beverage as well. Coffee and tea will be provided, along with plates and utensils. There is an oven, a microwave and a non-human dishwasher! And a heated pool and a hot tub to enjoy!

To celebrate the holiday season, we will again have our gift exchange: if you wish to participate, bring a wrapped bicycling-related gift, new or used (\$10 value, more or less). If you bring a gift, you will receive a gift, and the distribution will be decided by using a deck of cards. Official rules will be divulged in detail at the event.

SAT JAN 01

variable miles

BORREGO SPRING CENTURY

Judith and Jackie - Several Knickerbikers planning to ride the Borrego Springs Century. Contact Judith if you'd like to meet up with other Knickerbikers. Sounds like a great way to start the New Year. Borrego Springs Century - julianactive.com



You can sign up to lead a ride or schedule an event for the Knickerbikers in several ways:

- call Sharon Goodis - 619 787 7427
- email pezzie@san.rr.com
- www.knickerbikers.com

Click on tab marked "Outings" and then click on -> Sign up to lead a ride!

Once you are there you can also see the calendar and available dates.

That's all it takes to get *your* ride or event into an upcoming Knickerbiker Bull-A-Ton!



No one guessed who this is!

This is a current Knickerbiker. Who do you think she is?
Send your guess to Sharon - editor@knickerbikers.com

First person to get it right... gets a prize!
Send your childhood photo with your bike too!

Got some friends you'd like to see on a bike ride? The Knickerbikers will be pleased to send a complimentary Bull-A-Ton if you send their name and email address to knickerb@san.rr.com



PHILOSOPHY

Our club, the Knickerbikers of San Diego County, was established on Friday, May 31, 1974. Forty-three charter members subscribed to the idea that a regular program of bicycle touring experiences could be offered without involving institutional encumbrances. In effect, our club was purposefully not organized. There are neither rules nor regulations, no club officers - aside from our tongue-in-cheek representative office of Knickercommander (the club servant) - and no business quorum. Everyone is still responsible for himself or herself. It was and still is a simple idea, which is to go ride our bikes! Two founding principles guide our group behavior: it's nice to be noticed, and it's fun to be a kid again.

APPLICATION FOR MEMBERSHIP

Please make check payable to Knickerbikers and mail to 8590 Cliffridge Ave., La Jolla, CA 92037
Or, easier still, just send it via PayPal to treasurer@knickerbikers.com. It's easy!

Name(s) _____

E-mail address _____

Phone _____

1-year e-mail subscription \$10.00

All subscriptions include membership in the San Diego County Bicycle Coalition.

