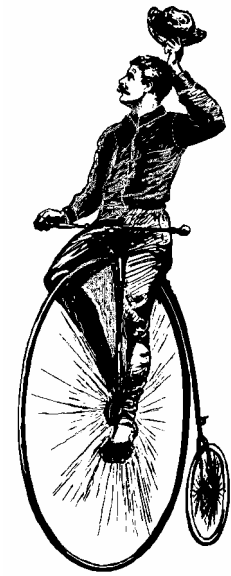


The
Knickerbikers
of
San Diego County



www.knickerbikers.com

"The oneness of the bike takes precedence over the oneness of being." ~ William Nealy, Mountain Bike!

THE BULL-A-TON

AUGUST 2012

Vol. 39 No. 4

Galleta Meadows Estate - Borrego Springs



Ever wonder about those metal sculptures of dinosaurs and other creatures in Borrego Springs?

Dennis Avery, who used his share of a family fortune to fund philanthropic ventures around the world and to commission artistic replicas of prehistoric creatures for a quirky sculpture garden in the desert of Borrego Springs, has died. He was 71.

Avery was an heir to the fortune from the Avery Dennison Corp., which launched what is considered the first commercially viable marketing of self-sticking, peel-off labels, the kind of supplies now considered essential for offices, schools and home use.

His father, R. Stanton Avery, a classic rags-to-riches American success story, founded the business in 1935 after borrowing \$100 to build a label-making machine out of spare parts. At his death at age 90 in 1997, his Pasadena-based company, which had merged in 1990 with Dennison Manufacturing of Framingham, Mass., had 16,000 employees and annual sales of \$3.2 billion.

Dennis Avery was born in Los Angeles on Oct. 23, 1940. After graduating from Cambridge University in England, he received a law degree from California Western School of Law in San Diego, where he served as associate dean in the 1980s.

Avery and his wife lived for years in Borrego Springs, drawn by the open space and small-town atmosphere of the community 90 miles from San Diego. With his father's eye for a good deal, Avery bought land when prices plummeted because of the savings-and-loan debacle of the 1980s and '90s.

Although he opted not to follow his father into the business world, he followed his example of using wealth for educational, artistic and other public causes.

His father was a patron of what might be called the artistic establishment of Southern California: the Los Angeles County Museum of Art, the Huntington Library art collections and the Performing Arts Council of the Los Angeles County Music Center, among others.

The son's artistic interest leaned more toward the offbeat and populist. The artwork he bought and commissioned was not to be found in museums but in the open air of what he called the Galleta Meadows Estate in Borrego Springs. <http://www.galletameadows.com/>

Avery commissioned artist Ricardo Brededa of Perris to create metal sculptures of dinosaurs and other creatures, many from species that had once roamed Borrego Springs and other parts of Southern California: mammoths, wild horses, giant sloths, camels, birds of prey and saber-tooth tigers, among others. There are more than 120 sculptures in all.

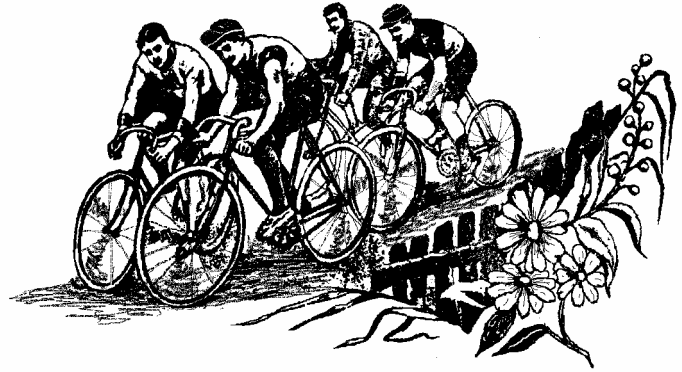


from [Los Angeles Times](http://www.latimes.com)
tony.perry@latimes.com



Thanks to Gail R.

Outings:



AUGUST 2012

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Want to cycle more?

If you're looking for a moderate **TUESDAY** or **THURSDAY** ride, sign up on the **TTBikers** email list. <http://groups.yahoo.com/search?query=ttbikers> We meet at various locations - leader's choice - at **9:30 AM**. No requirements to lead a ride unless you want to become a regular, in which case the schedulers AUG bug you about it. If you have any further questions, contact Lois Horowitz at loalhor@yahoo.com

You'll find a group of Knickerbikers ready to ride every **Wednesday** at **9:00 AM** at **Mission Bay**. The meeting spot for the **WEDNESDAY LITE RIDE** is **Mission Bay Visitor's Center** in the north parking lot (East Mission Bay Drive & Clairemont Drive). The ride is usually about 25 miles at an easy pace. First stop is usually a coffee break which gives us an opportunity to decide the ride route and lunch spot!

To get to Mission Bay Visitor's Center, take I-5 to exit Clairemont Drive. Go west to Mission Bay Visitor's Center. Turn right on East Mission Bay Drive, then make an immediate left into parking lot, and another left towards Mission Bay Visitor's Center.

The **ORIGINAL WEDNESDAY RIDE** heads out every **Wednesday** at **9:00 AM**. A large group of riders meet at the **Target parking lot** (1288 Camino del Rio North, corner of Mission Center Road and Camino de la Reina) in **Mission Valley** for a 9:15 AM departure. The rides are "brisk" and cover about 30 miles. Yes, there will be a lunch stop along the way. All riders are welcome!

Bill and Jim welcome riders to join their **SATURDAY LITE RIDE** which leaves every **Saturday** at **8:45 AM** from the **Old Town Trolley station parking lot**. The Old Town Trolley is located at 4005 Taylor Street. The ride is usually about 25 miles at an easy pace. First stop is usually a coffee spot where Bill and Jim decide where to ride and enjoy lunch!

KNICKERBIKERS of SAN DIEGO COUNTY

EXCURSION RATING KEY

- **** SIGHTSEERS - Leisurely riding. Destination and scenic oriented. Frequent stops. No extreme grades. 8 - 12 mph
- *** TOURISTS - Moderate to brisk pace. Scenic roads including hills. Stops every hour. No one gets dropped. 12 mph
- ** SPORTS RIDERS - Vigorous, peppy pace. Possible steep grades. Good workout. Stops every hour or two. 15 -17 mph
- * MASTER RIDERS (Animals) - Anything goes. Possible pace lines. Slower riders dropped. Ready for competition. ? mph

PROMPT DEPARTURES

Rides depart **15** minutes past scheduled assembly time. Please be ready and waiting for departure.
Greet your ride leader!

WED AUG 01 3:00 PM ±36 MILES ** WEDNESDAY AFTERNOON RIDE**
Carlsbad Village Coaster Station
2775 State Street, Carlsbad

Ron. Those that live in North County meet at the Carlsbad Village Coaster Station and ride south to Old Town, then take the 6:32 PM or 7:14 PM north bound Coaster back. Those that live south would catch the 2:23 PM north bound Coaster at Old Town, meet the group at the Carlsbad Village Coaster station at 3:12 PM and we would all ride south together. Please RSVP so Ron knows to lookout for you. (Ron's contact information is included in the email with the August Bull-A-Ton.)

SAT AUG 04 8:45 AM ±25 MILES * SPIN THOSE WHEELS!**
Old Town Trolley station parking lot
4005 Taylor Street

Today we'll join the Saturday Lite Riders. The ride leaves from the Old Town Trolley station parking lot at 9 AM. The ride is usually about 25 miles at an easy pace. First stop is usually a coffee stop in Ocean Beach. There we'll decide where to ride and enjoy lunch!

SUN AUG 05 8:30 AM 9:00 AM YUM! YUM! ±25 MILES * BREAKFAST!**
TORREY TIME (TWO RIDES TODAY)
Cycle Quest (858 622 9636)
10920 Roselle Street, Sorrento Valley



Sharon. To get to the start of the ride, take the Sorrento Valley Road exit (exit 30) off I-5 north.) There is no Sorrento Valley exit off I-5 south; sorry! So if coming from the north, go to the Genesee exit, get back on I-5 north and follow directions above!) The first left will put you onto Roselle Street. There is a lot of parking on a Sunday in this little strip mall. The plan is to cycle north, swing around and hit Torrey Pines with early morning energy. We'll then ride south for a bit. On our way back we will stop at the Torrey Pines Gliderport for a tasty lunch before a zippy return.

SUN AUG 05 9:00 AM 15 MILES ** MT LAGUNA MEADOW DIRT ROAD & TRAIL RIDE (TWO RIDES TODAY)**
Mount Laguna Visitor Center parking lot
Sunrise Highway, 10 miles north of I-8
Mt. Laguna (619 445 6235)

Dave. From I-8, go north on the Sunrise Highway (S2). The visitor center is just north of the Mount Laguna Lodge, don't to forget to get your parking pass (available at the Lodge, \$ 5.00)

Bring a bike that can be ridden on dirt trails, lunch that can be eaten in the shade of a nice pine tree, (the places to eat on the mountain may or may not be open) and lets ride! The ride will go around Big and Little Laguna Lakes +. (Don't to forget to check the weather prediction for any trip into the mountains.)

TUE AUG 07 6:00 PM 0 MILES ** KNICKERBIKER KNIGHTRIDERS**
Twilight in the Park
Spreckels Organ Pavilion, Balboa Park



Gail. We will meet behind the benches, in the center. Bring a chair or blanket to sit on. Bring your picnic dinner and arrive before the concert which starts at 6:15 PM. The music this evening is by The Coronado Big Band. The Coronado Big Band is a 17-piece swing band that plays traditional swing standards as well as contemporary big band hits.

SAT AUG 11 8:45 AM ±25 MILES * SPIN THOSE WHEELS!**
Old Town Trolley station parking lot
4005 Taylor Street

Today we'll join the Saturday Lite Riders. The ride leaves from the Old Town Trolley station parking lot at 9 AM. The ride is usually about 25 miles at an easy pace. First stop is usually a coffee stop in Ocean Beach. There we'll decide where to ride and enjoy lunch!

SUN AUG 12 10:00 AM 25 MILES ** KEN KING'S KULTURE KLASSIC**
Mandel Weiss Theatre
2910 La Jolla Village Drive
La Jolla Village Drive and Torrey Pines Road

Ken. It's been several years since we have let Ken do this ride, so due to popular demand (Ken's demand, actually), we've scheduled it here! Ken likes to lead us through the UCSD campus, stopping at each of the works of art that comprise the Stuart Collection. Talking trees! Stonehenge! Seven vices and seven virtues! The Garden of Eden! It's all here. And there are some new ones since you were here last. After cruising around the campus, enjoying the weekend emptiness of the place, we will take a Biological Grade (one of Ken's favorite names for a street) down to a new restaurant. Caroline's Seaside Café, at Scripps Institution of Oceanography. Join us for this healthy and educational ride! You will all receive an "A" for the course, and it will go on your permanent record.

TUE AUG 14 6:00 PM 0 MILES ** KNICKERBIKER KNIGHTRIDERS**
Twilight in the Park
Spreckels Organ Pavilion, Balboa Park



Gail. We will meet behind the benches, in the center. Bring a chair or blanket to sit on. Bring your picnic dinner and arrive before the concert which starts at 6:15 PM. The music this evening is by Rick Robledo and The Working Cowboy. Rick brings back the great traditional sound of country music.

WED AUG 15 3:00 PM ±36 MILES ** WEDNESDAY AFTERNOON RIDE**
Carlsbad Village Coaster Station
2775 State Street, Carlsbad

Ron. Those that live in North County meet at the Carlsbad Village Coaster Station and ride south to Old Town, then take the 6:32 PM or 7:14 PM north bound Coaster back. Those that live south would catch the 2:23 PM north bound Coaster at Old Town, meet the group at the Carlsbad Village Coaster station at 3:12 PM and we would all ride south together. Please RSVP so Ron knows to lookout for you. (Ron's contact information is included in the email with the August Bull-A-Ton.)

SAT AUG 18 9:00 AM 30 MILES * I SCREAM, U SCREAM, WE ALL SCREAM FOR IC!**
Ye Olde Bicycle Shoppe (619 582 4334)
6794 University Avenue

Sylvia. Ye Olde Bicycle Shoppe is across from Joan Kroc center on University Avenue, just west of 70th Street in La Mesa. To get to the start, cruise along I-8 to 70th Street (La Mesa), south on 70th to University Avenue, right to Ye Olde Bicycle Shoppe on right. If you get to light at Aragon you went too far!

We will follow the leader on an urban adventure and after lunch you will be introduced to another location for homemade ice cream. You will be able to compare to Niederfranks in National City and cast your vote for the next time. Will aim for the coast and cooler spots but without the crowds... maybe.

SAT AUG 18

10 -15 MILES

39th Midnight Madness Fun Bicycle Ride
Spanish Landing Park East



Midnight Madness is a fun night of cycling, contests, prizes, and entertainment to support community youth programs. This year marks the 39th anniversary of the Midnight Madness Fun Bicycle Ride. Starting in 1973 as a tribute to Paul Revere's Midnight Ride, this landmark San Diego event has grown from a few hundred local riders to over 1,600 participants. Midnight Madness has truly become a renowned family friendly bicycle ride in Southern California.

We ride at 10 PM and the festival and madness begins at midnight! The cycling route is a primarily flat 10-15 mile loop, along some of San Diego's most beautiful waterfront and historic areas. Don't forget to dress up in your wildest costume and light up your bike with a light display to win fabulous prizes!!! Ride will be limited to the first 2,000 participants. <http://www.sandiegomidnightmadness.org>

SUN AUG 19

9:30 AM

28 MILES

CITY RIDING

Aerospace Museum at Balboa Park
2001 Pan American Plaza

Rhonwyn. Meet at 9:30 AM in the parking lot in front of the Aerospace Museum at Balboa Park. We will bike through Mission Hills and out to Cabrillo. Lunch will be Con Pane in Liberty Station.

TUE AUG 21

6:30 PM

KNICKERBIKER KNIGHTRIDERS

PACIFIC BEACH FISH HOUSE (858 483 1008)
1775 Garnet Ave (Corner of Garnet & Kendall) |

Rhonwyn. Here's how Pacific Beach Fish House works.. pick a fish, pick a marinade, pick a style! They offer a large selection of beers. Customers order and pay individually at the counter. Parking isn't a problem, because Pacific Beach Fish House has their own parking lot. www.thefishshoppb.com

SAT AUG 25

8:15 AM

40 MILES

OLD TOWN TO OCEANSIDE

Old Town Trolley station parking lot
4005 Taylor Street

Paul. Meet at the Town Trolley station parking lot at 8:15 AM to ride 40 miles north to Oceanside. Riders can take the 1:50 PM Coaster back to Old Town Trolley start. Great ride!

SAT AUG 25

5:00 PM

0 MILES

WELCOME HOME BARBARA AND JAY

*Please see your email for location and details

Ken and Sheryl. Jay and Barbara Gross have completed a trans-am trip, so let's celebrate! Let's hear their stories and see if we believe them. If you're a couple, please bring one hot dish and one cold dish; otherwise bring either one. Ken and Sheryl will provide the plates, utensils, tea and coffee. If you would like beer, wine or soda, please bring it. Oh yes, one more thing: bring your own happy smiling face and cheerful attitude! Please RSVP by calling or emailing.

SUN AUG 26 9:00 AM ±25 MILES * A SWEET SUNDAY RIDE**
Mission Bay Visitor Center
2688 East Mission Bay Drive
North parking lot
E. Mission Bay Drive & Clairemont Drive
Mission Bay

Belle Jour. To get to Mission Bay Visitor Center, take I- 5 to exit Clairemont Drive. West to Mission Bay Visitor Center, right on East Mission Bay Drive, immediate left into parking lot, another left. Left towards Mission Bay Visitor's Center.

Those who show up will decide where to ride and where to enjoy lunch! Though a leaderless ride, we always find direction and always enjoy our ride!

SUN AUG 26 RIDE THE BRIDGE - BIKE THE BAY



RIDE THE BRIDGE - BIKE THE BAY - 5th Annual Bike The Bay - August 26 2012. Join the ride and this FUN summer tradition! Bike The Bay supports local bicycling and raises funds for the The San Diego County Bicycle Coalition, www.sdcbc.org, working to make bicycling better for all in San Diego. This event is for riders of all levels of riding ability, and features individuals, families, corporate teams and the serious and not so serious bike rider who experience a scenic bayside ride and also enjoy their only opportunity of the year to ride over the San Diego-Coronado Bay Bridge. The 25-mile route passes through the cities of San

Diego, Coronado, Imperial Beach, Chula Vista and National City and finishes at Embarcadero Marina Park South with a festive celebration with food, entertainment and a Karl Strauss beer garden.

<http://www.bikethebay.net/>

TUE AUG 28 6:30 PM 0 MILES ** KNICKERBIKER KNIGHTRIDERS**
Khan's Cave Asian Tavern & Grill (858 279 9799)
9350 Clairemont Mesa Blvd.

Gail M. Khan's Cave is an Asian style Grill & Tavern; casual yet elegant with neighborhood pricing. There are bites & Tapas selections with happy hour pricing options. Food is their specialty and owner and chef Mark has more than 30 years behind the business and he cares. Khan's Cave also features a full bar with 20 premium beers on tap and over 30 wines by the glass. Khan's Cave is truly a hidden gem in Kearny Mesa!

<http://www.khanscave.com/>

WED AUG 29 3:00 PM ±36 MILES ** WEDNESDAY AFTERNOON RIDE**
Carlsbad Village Coaster Station
2775 State Street, Carlsbad

Ron. Those that live in North County meet at the Carlsbad Village Coaster Station and ride south to Old Town, then take the 6:32 PM or 7:14 PM north bound Coaster back. Those that live south would catch the 2:23 PM north bound Coaster at Old Town, meet the group at the Carlsbad Village Coaster station at 3:12 PM and we would all ride south together.



You can sign up to lead a ride or schedule an event for the Knickerbikers in several ways:

- call Sharon - 619 787 7427
- email editor@knickerbikers.com
- www.knickerbikers.com
Click on tab marked "Outings" and then click on -> Sign up to lead a ride!
Once you are there you can also see the calendar and available dates.

That's all it takes to get *your* ride or event into an upcoming Knickerbiker Bull-A-Ton!

Coming Events:



FRI SEP 07
THROUGH
TUE SEP 11

TOURING/CAMPING in SOUTHERN CALIFORNIA

For those not joining John on his Pacific Coast Tour, but still looking a bit of touring. Ron will be touring / camping in Southern California.

Friday - We will board the northbound Amtrak Surfliner at 7:01am in Oceanside. To insure a spot on the train for the bikes, we should box our bikes. Amtrak has boxes available for \$15. Parking will have to be arranged. The train arrives in Santa Barbara at 11:40. We will bike about 25 miles north through Goleta, up 101 (this is freeway but OK for bikes) and camp at Refugio State Park. Please bring food and be prepared to cook dinner at the campground. Ron will bring Saturday morning breakfast for all.

If you prefer not to do the ride north, you can forgo Friday and we can rendezvous at the SB train station around noon on Saturday.

Saturday - We will ride back down 101, through Goleta, and Santa Barbara and continue south to Carpinteria State Beach. About a 35 to 40 mile ride. We will camp at the State Beach. The town of Carpinteria has plenty of restaurants close by.

Sunday - We have 50 miles ahead of us to Leo Carrillo State Beach. Here food is not as accessible so we will have to plan ahead and carry food to camp for dinner and breakfast.

Monday - On the coast highway we will pass through Malibu and continue south, where in Santa Monica we'll pickup the beach bike trail. This trail will get us through Los Angeles with plenty of beach atmosphere and only a short 6-block ride on the roads. This will be a 45 mile day that ends with a motel stay in Redondo Beach.

Tuesday - We will follow the ACA route towards Torrance, pickup the Santa Ana River Trail and end up back on the beach headed south. Just before we get to Newport Beach, we will turn inland on the Santa Ana river trail and head for the Santa Ana Metrolink Station to catch the train back to Oceanside. This 55 mile day should end with a nice tailwind.

The total distance adds up to about 200 miles. Each day there are a few climbs that the well-seasoned Knickerbiker will enjoy. There are city streets freeway miles, some narrow shoulders on highway 1, river trails, and beach trails. All adding up to a 'California Classic' not to be missed.

The tour is limited to 8 riders. A \$65 per person deposit will insure you a memorable 5 days. The deposit will go towards the motel (double occupancy) and campground fees

Questions? call or e-mail Ron (760 801 0180) rsp1150@aol.com

THU SEP 06

PACIFIC COAST RIDE – FALL 2012 **Seattle to San Diego**

John (jayelldoubleu@san.rr.com). You've probably heard John and Connie talking about riding Amtrak to Seattle in September and then riding home on our bikes. There are 6 fairly definite commitments right now and John and Connie would be happy to have a few more - but not too many. They are looking at leaving San Diego on Amtrak on Thursday September 6, arriving in Seattle Friday evening, and beginning the ride Saturday sometime. They plan to motel it for the most part, 50-60 miles per day, and will carry basic camping gear for exigent circumstances. No sag. Interested?

SUN NOV 04
THROUGH
SAT NOV 10

PASO ROBLES TRIP

Jeff (home 619 255 2890, cell 619 977 2486). It was two years since Jeff did this trip with a spur-of-the-moment group. They rode 4 of the Great Western Bike Rally routes, with great success....no crowds, plenty of places to have dinner---they had the backroads to themselves.

Mark your calendars, my friends, the trip is afoot--or more aptly, the trip is awheel! Drive up from San Diego on Sunday, November 4, about 350 miles, so give yourself at least 5-6 hours driving time. Check in at the Holiday Inn Express, 2455 Riverside Avenue, in Paso Robles. The next 5 days will be exploring the countryside, including some of the wineries. Jeff will supply route sheets if you want to do your own thing. Jeff will lead his favorite rides and welcome all to join him. The room rate is \$143.30 per night, including tax. Make sure you talk to AUDREY (805 226 4081), who is in charge of groups, to confirm the rate. Let her know you are with the KNICKERBIKERS, mention JEFF - this should help. Amenities include a full hot breakfast each morning, indoor pool and Jacuzzi, and fresh-baked cookies every afternoon. Please let Jeff know if you are going, so he can keep track of everyone and address any concerns or issues that come up. The plan is to drive back to San Diego on Saturday, November 10, after a good night's sleep.....HOPE YOU CAN COME!



Wheely Good Recipes

Healthy Blueberry Muffins



1-1/2 cups whole wheat flour
3/4 cup sugar
1/2 tsp salt
2 tsp baking powder
1/2 cup vegetable oil
1 egg
1/3 cup low fat milk
1/2 cup applesauce
1 pint fresh blueberries

Set oven at 400 degrees

Mix flour, sugar, salt, baking powder in large bowl Whisk together oil, egg, milk and applesauce in separate bowl

Slowly stir wet ingredients into flour mixture until moistened.

Stir in blueberries.

Spoon batter into greased muffin cups and bake 20 minutes until tops are golden brown.

Calories 183 - Sodium 188 mg - Carbs 29g - Fiber 2.6g - Protein 3g

Submitted by *Sandra*

Botany on a Bike

Select healthy plants from a local nursery, making sure that the bare roots appear strong and are not dried out. Once you have them home, plant them as soon as you can. If not, you can keep them with their roots wrapped in the shade for day or two. Blueberries thrive in well-drained soil with a pH of 4.5 – 5.5 and they will need plenty of moisture. Prepare your soil by adding peat moss or an acidic soil mixture along with compost, then plant the root ball so the crown of the plant is slightly higher than the ground. They will grow well in a very large pot. Be sure to water deeply, then mulch. Don't fertilize until well established.



adapted from article by *Karen Contreras* from UpTown News. Thank you!



ONE MORE CHANCE FOR A KNICKERBIKER JERSEY

It looks as if we will have an unprecedented FIFTH order for Knickerbiker jerseys (15 minimum order). So here's your last chance to own one (or a second one!).

Voler reduced the price slightly, so the total (including tax and shipping) is now \$85. You can send a \$45 deposit or the full amount before September 1 to Ken King, 8590 Cliffridge Ave., La Jolla, CA 92037. The check won't be cashed until the order is placed. We need to know the size, the cut (race or club), short-sleeved or sleeveless, and men's or women's.



The San Diego County Bicycle Coalition (SDCBC) is a 501(c)3 non-profit organization dedicated to making bicycling better in San Diego. It is done through educational programs, promoting awareness of bicyclists and bicycling issues, reviewing infrastructure improvements, and acting as a voice for bicyclists to elected officials and decision makers throughout the San Diego region. Visit www.sdcbc.org

Notes from a recent SDCBC meeting

The May 23, 2012 San Diego County Bicycle Coalition meeting report featured an interesting presentation about a proposed development called The Imperial Beach Bikeway Village, which will include a bike shop, a possible eatery, a potential youth hostel and improved parking at the old warehouses on 13th Street off Palm Avenue near the Bayshore Bikeway.

The SDCBC also voted on, and approved, a new strategic plan based on a series of meetings from earlier this year. The new mission statement: "The San Diego County Bicycle Coalition advocates for, and protects the rights of, all people who ride bicycles. We promote bicycling as a mainstream, safe, and enjoyable form of transportation and recreation." To that end, the Coalition appointed the following to the new Legal Committee: Jim Baross, Timur Ender, Serge Issakov, Howard LaGrange, Randy Van Vleck, and Dave Voss.

By a vote of 16 to 6, the Board decided to join the Move San Diego Alliance, which will give us some input, in an organized fashion, to future large developments in our large county.

Our Development Coordinator has been hard at work identifying potential grants, including a \$1500 grant from Car2go, while the Executive Director reported funds were raised from benefit events at the bars Blind Lady Alehouse and Tiger! Tiger! The Blind Stokers Club reported they'd be hosting a visit from a similar group from Taiwan.

The June 27, 2012 meeting of the SDCBC began with a presentation on bicycle-friendly Business Improvement Districts (BIDs) by April Economides of Long Beach, who was positively impressed by the incredibly rapid and low-cost alliances SDCBC director Andy Hanshaw, who formerly headed "Discover PB" (the Pacific Beach BID) had forged with seven BIDs throughout the county, including not only usual suspects like Adams Avenue and Mission Beach, but also the El Cajon BID.

Craig Dawson of Spoke Insurance gave an enlightening and brief presentation on property, liability, and under and uninsured motorist insurance for cyclists.

The membership report notes the SDCBC currently has 1107 members.

By unanimous voice vote, the Board approved the new Board Giving Policy, mandating financial and other participation levels by the "At-Large" board members. These measures are not applied to club representatives. The following were elected as at large board members:

- Jim Baross
- Timur Ender
- Julie Hocking
- Kathy Keehan
- Kerry Kunsman
- Howard LaGrange
- Kate Olsen
- Randy Van Vleck
- Stephan Vance
- Dave Voss
- Kevin Wood
- Greg Zackowski

The SDCBC also elected officers at the meeting by voice vote:

Chair: Kevin Wood

Vice Chair: Dave Voss

Secretary: Philip Erdelsky

Treasurer: Julie Hocking

Newsletter Editor: Kate Olsen

The board reorganization committee reported on a proposal to split the board's functions into those of six regularly meeting committees, with a full board meeting every three months. The standing committees would be the Executive Committee, the Education Committee, the Advocacy Committee, the Organizational Development Committee, the Council of Clubs and the Council of Community Committees. The measure to reorganize passed by voice vote: The board reorganization committee was tasked with specific proposals to be entered into the SDCBC bylaws.

The Executive Director noted in his report the SDCBC and the San Diego Wheelmen club were prominently mentioned in an article in *Westways*, the magazine of the Automobile Club of Southern California, that the SDCBC and partners WalkSanDiego and MoveSanDiego would try to get a candidate's forum for mayoral hopefuls Bob Filner and Carl DeMaio, that former Education Coordinator Maria Olivas has left to concentrate on other interests (although she still rides, a lot), and the position will be filled when we find the right person, that more than 1100 people have already registered for Bike the Bay on August 26th (so sign up now, especially if you want to do it for free as a Ride Marshal!) and that Tour de Fat will be on September 29th at the Golden Hill location used in 2011.

Stephan Vance reported that the CBC (California Bicycle Coalition) "Three-Foot Bill" has moved out of the state Senate and the first state Assembly committee.

Robert Leone, Knickerbiker representative at SDCBC



PHILOSOPHY. Our club, the Knickerbikers of San Diego County, was established on Friday, AUG 31, 1974. Forty-three charter members subscribed to the idea that a regular program of bicycle touring experiences could be offered without involving institutional encumbrances. In effect, our club was purposefully not organized. There are neither rules nor regulations, no club officers - aside from our tongue-in-cheek representative office of Knickercommander (the club servant) - and no business quorum. Everyone is still responsible for himself or herself. It was and still is a simple idea, which is to go ride our bikes! Two founding principles guide our group behavior: it's nice to be noticed, and it's fun to be a kid again.

APPLICATION FOR MEMBERSHIP

Please make check payable to Knickerbikers and mail to 8590 Cliffridge Ave., La Jolla, CA 92037
Or, easier still, just send it via PayPal to treasurer@knickerbikers.com. It's easy!

Name(s) _____

E-mail address _____

Phone _____

1-year e-mail subscription \$10.00

All subscriptions include membership in the San Diego County Bicycle Coalition.



If you get emails at least once a month from the Knickerbiker club servants letting you know when the latest Bull-A-Ton is online and the location of the potlucks, etc., then you are a subscriber and you pay \$10 a year to the club. Where does the money go? \$5 pays for a personal membership in the San Diego County Bicycle Coalition (SDCBC). If you join directly, the cost is \$25. To learn what the SDCBC is doing, check out the article in this month's Bull-A-Ton. The rest of your Knickerbiker subscription goes to support Adventure Cycling Association, the League of American Bicyclists, our web site hosting, and our photo gallery subscription.

**Got some friends you'd like to see on a bike ride?
The Knickerbikers will be pleased to send a complimentary Bull-A-Ton
if you send their name and email address to membership@knickerbikers.com**